



U-Educate Physical Intervention Policy September 2025

This guidance emphasises the necessity of fostering a positive environment for students to live and learn in, where staff engage positively with all individuals. All U-educate staff are expected to work positively and confidently with students, employing the least intrusive methods to support, empower, and ensure their safety and security. The core principles of good practice in working with students include:

- Building relationships based on trust and understanding.
- Identifying triggers and finding solutions to enhance students' behaviour and well-being.
- Defusing or distracting individuals in the event of incidents wherever possible.

This guidance draws from legal perspectives on the deprivation of liberty of children and Ofsted's guidance on 'Positive environments where children can flourish' (March 2018). There may be instances where staff feel the need to physically intervene to ensure the safety of students or staff.

However, this document does not intend to undermine actions of staff that are within the expectations of any reasonable parent to keep their child safe.

The expectation for staff is to be skilled and confident in implementing strategies to maintain student safety, promoting their rights, respecting their dignity, and preparing them for future life. Each instance of physical intervention or restriction on children's lives, including the use of isolation/seclusion in school, should be questioned and understood. Evaluation of restraint or restriction must consider legality, necessity, reasonableness, and proportionality. Deliberate infliction of pain is not permitted, and force should never be used as a punishment.

U-educate expects staff to build effective relationships with the children under their care, considering each situation individually. Corporal punishment is deemed unlawful. Staff exercising professional judgment must report and log their understanding of any intervention, and the appropriateness of the intervention must be assessed case by case.



SUPPORTING EDUCATION FOR THE NEXT GENERATION

U-educate deems placing disruptive pupils in isolation as a disciplinary penalty, following the school's behaviour policy. All disciplinary measures must be lawful, reasonable, and proportionate. Isolation is only used in the best interests of the individual and other pupils, ensuring health and safety and prioritising safeguarding requirements.

Reasonable adjustments must be made to accommodate individuals with special educational needs and/or disabilities, ensuring fairness in expectations.

Physical intervention training is provided to all staff by Teamteach, an external accredited trainer. Training is regularly updated to ensure staff adhere to agreed protocols and recording systems when physical restraint is used as a last resort.

The duty of care emphasises a professional obligation to make the right decisions, acting lawfully in both professional practice and personal life.

Defining restrictive physical intervention, the guidance outlines the positive application of force for specific purposes. The use of force must be reasonable and proportionate, addressing imminent danger and aiming to prevent harm.

Incident procedures include completing an incident form, gathering statements, and reporting to relevant authorities. Physical restraint incidents are documented in a Use of Force Book.

Review and monitoring of this policy are conducted annually by the Directors and termly by the Programme Lead to identify patterns and lessons learned. Monitoring outcomes are presented annually to the Directors.

U-educate

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U-EDUCATE - POSITIVE HANDLING FORM

U-educate Site	
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Incident Details

Name of Child		Age/Yr Group	
Date		Time	
Location			

Staff Details

[illegible]

Description of the students behaviour prior to the intervention.

Details of the physical restriction/restraint. Please include:

Named techniques deployed, time applied for and verbal de-escalation used prior. Injuries to any parties. Justification and Rationale for the intervention.

Name of Reporting Professional			
Signed			
Date Report Completed		Time Report Completed	



Completed by: Adam Gray

Signature:

A handwritten signature in black ink, appearing to read 'Adam Gray', is positioned below the 'Signature:' label.

Role/Position: Director

Date Completed: 02/09/2025

Review Date: 31/08/2026